

## Pre-course Questions

These questions are designed to test your knowledge and ensure you are able to complete the level four course with relative ease. If you cannot confidently answer these questions, we recommend you complete at least the Level Three Trusted Assessor Training before booking onto a level four course.

1. **Name the main piece of legislation that came into practice in 2014 that changed social care services?**

2. **Name three common symptoms of the two following conditions?**

**Symptoms of Parkinson's disease:**

**Example: Can cause difficulty with sleeping**

- 1.
- 2.
- 3.

**Symptoms of Multiple Sclerosis:**

- 1.
- 2.
- 3.

3. Identify two ways that the medical conditions mentioned in question 2 might affect the person's ability to function in their everyday life?

**Parkinson's disease**

**Example: Lack of sleep can make concentration difficult so could cause the person to make mistakes when completing tasks.**

1.

2.

**Multiple Sclerosis**

1.

2.

4. Doris is a 72 year old lady. She lives alone and loves cooking. She has swollen joints in her hands and knees and is pain a lot of the time. She struggles to use these joints as they don't move too well. What condition do you think Doris has?

5. What equipment could you prescribe for someone struggling to stand from the toilet?

6. You visit a customer who has weak muscles and is struggling to stand from the toilet, she has a raised toilet seat already and the environment would not allow for a free standing toilet frame. What could you prescribe? *(Please include specifics about the solution such as how you would measure for it and where you would place it)*

**7. What measures do you need to take for chair raisers (please be as specific as possible)?**

**8. What types of rails could be used to assist a person to step up into their front door?**

**9. Name three ways a Trusted Assessor can intervene to assist a client.**

**10. Please tell us a little about your role and why you are attending the Trusted Assessor Level 4 course.**

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If you would like to see if your answers are correct, please send to [training@dlf.org.uk](mailto:training@dlf.org.uk) for marking.